

ALBANY SOFTBALL RULES AND POLICIES

ALBANY SOFTBALL PROGRAM RULES:

- 1) **Sportsmanship:** Respect all umpires, coaches, opposing players and equipment. Any action deemed offensive or inappropriate towards an umpire, coach, opposing player or equipment will not be tolerated. Conduct ourselves in a manner that would make our families, school and community proud.
- 2) **Attendance:** Attendance at all team practices, meetings and games is required. If an absence is unavoidable that absence must be communicated with coaches and the reason for that absence will be discussed at that time. An absence from a practice, meeting or game takes away a coaches ability to evaluate you and takes away your teammates ability to work with you in order to prepare for upcoming games.
- 3) **MSHSL:** All players are required to adhere to all MSHSL rules and regulations.
- 4) **Academics:** Albany Softball players are student-athletes. If at any time a coach is informed that a player's academics are struggling, that player's academics will take priority over practice or games.
- 5) **Game Day Dress Code:** During games only team uniforms will be worn on the field. Sweatshirts and jackets of school color can and often should be worn in the dugout area. All players should be in uniform, sweatshirts or jackets over the uniform is permitted, when exiting the bus during an away game. No fashion style sunglasses are allowed, sport type sunglasses are allowed. School color batting helmets are required. We strongly encourage the use of a softball bag or duffel bag for personal equipment.
- 6) **Infield Positions:** The Albany Softball Program requires all infield players to wear protective fielder masks.
- 7) **Game Day Requirements:** Players are required to sprint on and off the field at all times. No talking to the crowd (parents and/or friends) during the game or from the dugout (certain circumstances will be allowed). Players are required to stand up and greet players that are coming off the field and/or have just scored a run. Players should keep a clean dugout at all times and clean all away dugouts before we leave to board the bus.
- 8) **Team Equipment:** It is the responsibility of all players to ensure that all team equipment makes it to the practice and/or game field.
- 9) **School Song:** All players are responsible for learning the Albany School Song.
- 10) **Attitude:** Play hard, bring positive energy to the field and have fun.

LETTERING REQUIREMENTS:

In order for a student-athlete to receive a varsity letter they must meet at least 1 of the following criteria:

- 1) Average 1 inning per game for the entire varsity season.
- 2) Be a member of a section championship team.
- 3) Coaches discretion

VARSITY MANAGER EXPECTATIONS:

- 1) **Attendance:** Follow the same attendance requirements of all team members.
- 2) **Scorebook:** Work to learn how to take an accurate softball scorebook during games.
- 3) **Positive Influence:** Managers should be as focused on the game as all players and attempt to help create a positive enthusiastic environment in the dugout.
- 4) **Aid Coaches:** Managers are expected to help with drill set up, drill execution and help coaches in various other tasks.